
















































MAIN FITNESS STUDIO SCHEDULE

May 12-18, 2008

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00  Amy	6:00  Stacy	6:00  Corridawne		6:00  Stacy	8:45  Lee	
9:30  Sandi	9:30  Becky	10:30  Shannon	9:30  Andi	9:30  Sandi	10:00  Stacy	10:00  Shannon
	5:00 HARD CORE Bernie		5:00 HARD CORE Stacy		11:00  Stacy	11:00  D'Arcy
5:30  Corridawne	5:30  D'Arcy	5:00  Jacki	5:30  Krista	4:30  cancelled long weekend		
6:45  Amy	6:30  Katherine	6:00  Erin	6:30  Katherine	5:30  Erin		
8:00  Stacy		7:00  Krista	7:30  Krista			

Group Fitness Studio II (Ride/Spin) and III Yoga/Centergy Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	5:45  Sandi	5:45**NEW  Jacki	5:45  Sandi	6:00 (45 min)  Jacki	8:00  cancelled long weekend	8:30**NEW  cancelled long weekend
10:30  Tania	10:30  Bernie	9:30  Tania	10:30  Andi	10:30  Sandi	9:00  Jacki	10:00  Andi
					12:00  Tobi	
6:30  Jacki/Rob	6:30  Wendy	6:30  Bernie	5:30  Rob			
	7:45  Lee/Rob		7:30  Karen			